

Create your own retreat. 5 days, €595.00

A self-development retreat in which you can book modules in addition to the basic program. You can specify this in advance or decide on the spot.

Basic program:

You are part of the group and thus the group process and at the same time you walk your own path. We use, organically, trance, energetic work, shamanism, systemic, hypnosis and regression work. You can see it as the start of your own process and (re)recognising your mission here on earth.

In our basic programme:

Guided meditation/visualisation

Sauna/infusion ceremony

Constellations/systemic work

Walking/trance dance/movement

Medicine wheel

Modules, €75.00 per 60 minutes:

Rebirthing (average 90/120 minutes)

Inner child work (60 minutes on average)

Voice dialogue (60 minutes on average)

Healing (average 30 minutes)

Reading (average 30/45 minutes)

Regression (average 60/90 minutes)

Trance journey (average 30 minutes)